



CHILI'S NUTRITION

Effective: February 18th, 2019

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

All items are listed **as served**, unless otherwise indicated.

DINING ROOM PORTIONS											
Beverages - Beer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Angry Orchard 10 fl oz	160	0	0	0	0	0	10	20	0	17	0
Angry Orchard 12 fl oz	190	0	0	0	0	0	15	24	0	20	0
Angry Orchard 16 fl oz	250	0	0	0	0	0	20	32	0	27	0
Angry Orchard 22 fl oz	350	0	0	0	0	0	25	44	0	37	0
Blue Moon 10 fl oz	140	0	0	0	0	0	15	12	0	0	2
Blue Moon 12 fl oz	170	0	0	0	0	0	15	14	0	0	2
Blue Moon 16 fl oz	220	0	0	0	0	0	20	19	0	0	3
Blue Moon 22 fl oz	310	0	0	0	0	0	30	26	0	0	3
Bud Light 10 fl oz	90	0	0	0	0	0	0	5	0	0	1
Bud Light 12 fl oz	110	0	0	0	0	0	0	7	0	0	1
Bud Light 16 fl oz	150	0	0	0	0	0	0	9	0	0	1
Bud Light 22 fl oz	200	0	0	0	0	0	0	12	0	0	2
Budweiser 10 fl oz	120	0	0	0	0	0	0	9	0	0	1
Budweiser 12 fl oz	150	0	0	0	0	0	0	11	0	0	1
Budweiser 16 fl oz	190	0	0	0	0	0	0	14	0	0	2
Budweiser 22 fl oz	270	0	0	0	0	0	0	19	0	0	2
Coors Light 10 fl oz	80	0	0	0	0	0	10	4	0	0	0
Coors Light 12 fl oz	100	0	0	0	0	0	10	5	0	0	0
Coors Light 16 fl oz	140	0	0	0	0	0	15	7	0	0	0
Coors Light 22 fl oz	190	0	0	0	0	0	20	9	0	0	0
Corona Extra 10 fl oz	130	0	0	0	0	0	10	12	0	4	1
Corona Extra 12 fl oz	160	0	0	0	0	0	15	15	0	4	1
Corona Extra 16 fl oz	210	0	0	0	0	0	20	20	0	6	2
Corona Extra 22 fl oz	290	0	0	0	0	0	25	27	0	8	2
Corona Light 10 fl oz	90	0	0	0	0	0	15	4	0	3	1
Corona Light 12 fl oz	110	0	0	0	0	0	20	5	0	3	1
Corona Light 16 fl oz	140	0	0	0	0	0	25	7	0	4	1
Corona Light 22 fl oz	200	0	0	0	0	0	35	10	0	6	2
Craft Beer 3-5 % ABV 10 fl oz	150	0	0	0	0	0	0	15	0	0	0
Craft Beer 3-5 % ABV 16 fl oz	240	0	0	0	0	0	0	23	0	0	0
Craft Beer 3-5 % ABV 22 fl oz	330	0	0	0	0	0	0	32	0	0	0
Craft Beer 6-8 % ABV 10 fl oz	190	0	0	0	0	0	0	17	0	0	0
Craft Beer 6-8 % ABV 16 fl oz	300	0	0	0	0	0	0	27	0	0	0
Craft Beer 6-8 % ABV 22 fl oz	410	0	0	0	0	0	0	37	0	0	0
Dos Equis 10 fl oz	100	0	0	0	0	0	0	9	0	2	1
Dos Equis 12 fl oz	130	0	0	0	0	0	0	11	0	3	1
Dos Equis 16 fl oz	170	0	0	0	0	0	0	15	0	4	1
Dos Equis 22 fl oz	230	0	0	0	0	0	0	20	0	5	1
Heineken 10 fl oz	110	0	0	0	0	0	5	10	0	0	1
Heineken 12 fl oz	140	0	0	0	0	0	10	12	0	0	2
Heineken 16 fl oz	180	0	0	0	0	0	10	16	0	0	2
Heineken 22 fl oz	250	0	0	0	0	0	15	22	0	0	3
Lagunitas IPA 10 fl oz	160	0	0	0	0	0	10	12	0	2	2
Lagunitas IPA 12 fl oz	190	0	0	0	0	0	15	14	0	2	3
Lagunitas IPA 16 fl oz	250	0	0	0	0	0	20	19	0	3	4
Lagunitas IPA 22 fl oz	350	0	0	0	0	0	25	26	0	4	5
Michelob Ultra 10 fl oz	80	0	0	0	0	0	0	2	0	0	0
Michelob Ultra 12 fl oz	90	0	0	0	0	0	0	3	0	0	1
Michelob Ultra 16 fl oz	130	0	0	0	0	0	0	3	0	0	1
Michelob Ultra 22 fl oz	170	0	0	0	0	0	0	5	0	0	1
Miller Lite 10 fl oz	80	0	0	0	0	0	0	3	0	0	0
Miller Lite 12 fl oz	100	0	0	0	0	0	0	3	0	0	0
Miller Lite 16 fl oz	130	0	0	0	0	0	5	4	0	0	0
Miller Lite 22 fl oz	180	0	0	0	0	0	10	6	0	0	0
Modelo Especial 10 fl oz	130	0	0	0	0	0	10	12	0	4	1
Modelo Especial 12 fl oz	150	0	0	0	0	0	15	14	0	4	1
Modelo Especial 16 fl oz	200	0	0	0	0	0	20	19	0	6	2
O'Douls 12 fl oz	60	0	0	0	0	0	0	13	0	0	1
Sam Adams Boston Lager 10 fl oz	150	0	0	0	0	0	15	16	1	2	2

Beverages - Beer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Sam Adams Boston Lager 12 fl oz	180	0	0	0	0	0	20	19	1	2	2
Sam Adams Boston Lager 16 fl oz	240	0	0	0	0	0	25	25	1	3	3
Sam Adams Boston Lager 22 fl oz	330	0	0	0	0	0	35	35	2	4	4
Sierra Nevada IPA 10 fl oz	200	0	0	0	0	0	10	17	0	0	2
Sierra Nevada IPA 12 fl oz	240	0	0	0	0	0	10	21	0	0	2
Sierra Nevada IPA 16 fl oz	320	0	0	0	0	0	15	27	0	0	3
Sierra Nevada IPA 22 fl oz	440	0	0	0	0	0	20	38	0	0	5
Sierra Nevada Pale Ale 10 fl oz	180	0	0	0	0	0	10	15	0	0	2
Sierra Nevada Pale Ale 16 fl oz	230	0	0	0	0	0	15	20	0	0	3
Sierra Nevada Pale Ale 22 fl oz	320	0	0	0	0	0	20	27	0	0	4
Stella Artois 10 fl oz	130	0	0	0	0	0	0	11	0	0	1
Stella Artois 12 fl oz	150	0	0	0	0	0	0	13	0	0	1
Stella Artois 16 fl oz	200	0	0	0	0	0	0	17	0	0	2
Stella Artois 22 fl oz	280	0	0	0	0	0	0	23	0	0	2
Beverages - Cocktails	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Deep Eddy Strawberry Lemonade	280	0	0	0	0	0	0	41	0	37	0
Captain's Castaway	200	0	0	0	0	0	0	40	0	38	0
Premium Long Island Iced Tea	290	0	0	0	0	0	0	32	0	28	0
Tito's Punch	320	0	0	0	0	0	5	53	1	49	0
Beverages - Margaritas	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Blueberry & Pineapple Margarita	340	0	0	0	0	0	0	51	1	46	0
Chili's Icedown - Chambord	310	0	0	0	0	0	1330	46	0	35	0
Chili's Icedown - Grand Marnier	320	0	0	0	0	0	1330	44	0	39	0
Chili's Icedown - 1800 Tequila	310	0	0	0	0	0	1330	40	0	35	0
Curevo Blue Margarita	250	0	0	0	0	0	1160	36	0	33	0
El Nino Margarita	330	0	0	0	0	0	2320	34	0	29	0
Fresh for \$5 Traditional Margarita	180	0	0	0	0	0	1040	25	0	23	0
Fresh for \$5 Mango Margarita	200	0	0	0	0	0	0	32	0	30	0
Fresh for \$5 Raspberry Margarita	190	0	0	0	0	0	0	28	0	17	0
Patron Margarita	310	0	0	0	0	0	2040	45	0	39	0
Patron Margarita - Blackberry	310	0	0	0	0	0	760	42	0	40	0
Patron Margarita - Mango	360	0	0	0	0	0	0	59	1	52	0
Patron Margarita - Strawberry	360	0	0	0	0	0	0	60	1	52	0
Presidente Margarita	240	0	0	0	0	0	2040	23	0	20	0
Presidente Margarita - Mango	290	0	0	0	0	0	0	36	0	32	0
Presidente Margarita - Strawberry	270	0	0	0	0	0	0	33	1	28	0
Spicy Sauza Jalapeno Margarita	310	0	0	0	0	0	2320	45	0	40	0
Tropical Sunrise Margarita	250	0	0	0	0	0	10	37	0	34	0
Beverages - Wine	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Red Wine 6 fl oz	150	0	0	0	0	0	5	5	0	1	0
Red Wine 9 fl oz	220	0	0	0	0	0	10	7	0	2	0
Sweet Wine 6 fl oz	170	0	0	0	0	0	25	10	0	10	0
Sweet Wine 9 fl oz	250	0	0	0	0	0	35	16	0	16	1
White Wine 6 fl oz	140	0	0	0	0	0	10	5	0	2	0
White Wine 9 fl oz	220	0	0	0	0	0	15	7	0	3	0
Coca-Cola	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	110	0	0	0	0	0	35	29	0	29	0
Kid Cup*	70	0	0	0	0	0	25	20	0	20	0
Togo Cup*	160	0	0	0	0	0	55	46	0	46	0
Coca-Cola Zero	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	0	30	0	0	0	0
Kid Cup*	0	0	0	0	0	0	20	0	0	0	0
Togo Cup*	0	0	0	0	0	0	45	0	0	0	0
Diet Coke	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	0	30	0	0	0	0
Kid Cup*	0	0	0	0	0	0	20	0	0	0	0
Togo Cup*	0	0	0	0	0	0	45	0	0	0	0
Dr. Pepper	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	110	0	0	0	0	0	45	30	0	29	0
Kid Cup*	80	0	0	0	0	0	30	20	0	19	0
Togo Cup*	180	0	0	0	0	0	70	46	0	45	0
Lemonade	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Minute Maid Regular Cup*	110	0	0	0	0	0	35	31	0	29	0
Minute Maid Kid Cup*	70	0	0	0	0	0	25	21	0	20	0
Minute Maid Togo Cup*	170	0	0	0	0	0	55	48	0	46	0
Strawberry Regular Cup*	140	0	0	0	0	0	30	39	1	36	0
Strawberry Kid Cup*	90	0	0	0	0	0	20	26	0	24	0
Strawberry Togo Cup*	220	0	0	0	0	0	50	60	1	56	0

Sprite	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	110	0	0	0	0	0	50	29	0	29	0
Kid Cup*	70	0	0	0	0	0	35	19	0	19	0
Togo Cup*	160	0	0	0	0	0	75	44	0	44	0
Arnold Palmer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Original Regular Cup*	60	0	0	0	0	0	20	16	0	15	0
Original Togo Cup*	80	0	0	0	0	0	20	23	0	21	0
Strawberry Regular Cup*	70	0	0	0	0	0	20	20	0	18	0
Strawberry Togo Cup	110	0	0	0	0	0	30	31	1	28	0
Mango Regular Cup*	80	0	0	0	0	0	20	23	0	21	0
Mango Togo Cup*	130	0	0	0	0	0	35	35	0	33	0
Ice Tea	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Blackberry Regular Cup*	80	0	0	0	0	0	10	19	0	18	0
Blackberry Togo Cup*	100	0	0	0	0	0	10	25	0	23	0
Mango Regular Cup*	80	0	0	0	0	0	10	20	0	18	0
Mango Togo Cup*	110	0	0	0	0	0	10	27	0	25	0
Miscellaneous Beverages	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chili's Premium Blend Coffee	0	0	0	0	0	0	0	0	0	0	0
Dasani Water	0	0	0	0	0	0	0	0	0	0	0
IBC® Rootbeer Bottle	160	0	0	0	0	0	60	41	0	41	0
Kids - Blue Lagoon	130	0	0	0	0	0	35	33	0	32	0
2% Chocolate Milk - Kids	310	70	8	5.0	0	35	270	49	3	39	12
2% Chocolate Milk Togo Cup	330	70	8	5.0	0	35	290	53	3	42	13
2% Milk - Kids	200	70	8	5.0	0	30	190	19	0	19	13
2% Milk Togo Cup	210	80	8	5.0	0	35	200	20	0	20	14
Apple Juice Bottle - Kids	120	0	0	0	0	0	10	29	0	28	0
Apple Juice Togo Cup *	200	5	0	0	0	0	20	51	0	48	0
Cranberry Juice Can - Kids	80	0	0	0	0	0	0	20	0	20	0
Cranberry Juice Togo Cup *	200	0	0	0	0	0	0	50	0	50	0
Orange Juice Bottle - Kids	130	5	0	0	0	0	20	32	0	28	2
Orange Juice Togo Cup *	190	5	0	0	0	0	30	45	0	40	3
Texas Size Baby Back Ribs w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Dry Rub - Full Rack	1480	970	107	41	0	410	5120	30	3	24	99
Dry Rub - Half Rack	780	490	54	20	0	205	2960	23	2	19	50
Honey-Chipotle BBQ - Full Rack	1480	950	106	41	0	410	1670	35	0	25	98
Honey-Chipotle BBQ - Half Rack	740	480	53	20	0	205	840	18	0	13	49
House BBQ - Full Rack	1440	960	107	41	0	410	2180	21	1	19	99
House BBQ - Half Rack	720	480	53	20	0	205	1090	11	1	9	49
Original BBQ - Full Rack	1430	950	106	41	0	410	1910	21	0	18	98
Original BBQ - Half Rack	710	480	53	20	0	205	960	10	0	9	49
Big Mouth Burgers w/o Side Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Alex's Santa Fe Beef Burger	960	560	63	25	2.5	140	1380	50	4	13	51
Big Mouth® Bites	1220	650	72	26	2.5	185	2900	77	5	19	65
Chili's Chili Beef Burger	1040	600	66	28	3.5	165	1750	53	3	12	59
Just Bacon Beef Burger	1060	650	72	28	3	160	1590	48	2	13	56
Mushroom Swiss Beef Burger	1040	640	71	27	3	145	1300	50	3	14	53
Oldtimer® with Cheese Beef Burger	890	500	55	24	3	140	1450	47	2	12	51
Queso Beef Burger	1380	700	78	27	3	140	2210	114	6	14	56
Southern Smokehouse Beef Burger	1290	750	84	31	3	175	2620	73	2	27	62
The Boss Beef Burger	1600	1000	111	44	3.5	305	3240	53	2	18	95
Substitutes & Add-Ons	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Beef Patty	510	350	39	17	2.5	115	350	0	0	0	38
Black Bean Patty	190	60	7	1	0	0	540	22	8	2	17
Turkey Patty	200	70	8	2	0	85	730	0	0	0	32
Add Avocado Slices	80	70	7	1	0	0	0	4	3	0	1
Add Applewood Smoked Bacon	70	50	6	2	0	15	210	0	0	0	5
Add The Original Chili	150	90	10	4	0.5	30	440	5	1	1	10
Crispers & More As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta with Grilled Chicken	1180	480	53	22	1	170	3520	111	8	5	65
Cajun Pasta with Seared Shrimp	1100	460	51	21	1	195	3500	111	8	5	48
Crispy Buffalo Bleu	1940	1160	129	23	1	170	4770	136	13	17	60
Crispy Honey Chipotle	1760	810	90	15	0	145	4180	185	12	52	56
Crispy Honey Chipotle & Waffles	2510	1130	125	40	0.5	185	4480	283	13	105	64
Original Tempura	1320	600	67	11	0	160	3090	120	12	22	61
Crispy with Choice of Sauce	1380	650	72	12	0	130	3070	130	12	13	55
BBQ Sauce	70	0	0	0	0	0	590	16	0	14	1
BBQ Sauce House	80	10	1	0	0	0	790	16	1	14	1
Honey Mustard	200	160	18	2.5	0	20	360	10	0	9	1
Ranch Dressing	170	160	18	3	0	15	300	2	0	2	1
Fajitas w/o Toppings or Tortillas	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Black Bean & Veggie	600	240	27	4.5	0	5	2500	74	19	24	28
Grilled Chicken	440	130	14	3.5	0	195	2550	21	3	10	59

Fajitas w/o Toppings or Tortillas	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Steak	640	340	38	17	1.5	180	2550	21	3	9	55
Mushroom Jack Chicken	670	360	40	18	0	175	2820	27	5	13	54
Shrimp	280	110	12	2.5	0	240	2740	22	3	10	25
Fajitas Mix & Match Choose 2 or 3	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	150	70	8	2	0	0	1130	21	3	9	3
Grilled Steak (1 portion)	240	140	15	7	1	90	710	0	0	0	26
Grilled Chicken (1 portion)	140	30	3.5	1	0	95	710	0	0	0	28
Seared Shrimp (1 portion)	60	20	2	0	0	120	810	1	0	0	11
All Fajitas Include	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Toppings	330	230	26	14	0	70	1050	9	3	4	16
Add White Queso & Pico de Gallo	140	100	11	4.5	0	25	580	6	0	3	5
Flour Tortillas (4 each)	350	110	12	6	0	0	860	52	2	1	8
All-Natural Corn Tortillas (4 each)	210	20	2.5	0	0	0	20	42	5	0	4
Side Rice	160	40	4.5	1	0	0	480	27	1	1	3
Side Beans	120	10	1	0	0	0	710	20	6	2	7
For Starters As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Awesome Blossom Petals	820	510	56	9	0	20	1570	70	6	10	9
Bone-In Wings - Honey Chipotle	940	460	51	12	0.5	295	2120	58	1	40	62
Bone-In Wings - Buffalo	850	580	65	14	1	290	2610	6	1	2	62
Bone-In Wings - House BBQ	800	470	52	12	0.5	295	2100	21	1	16	62
Boneless Wings - Buffalo	1090	650	73	13	0.5	120	3770	59	5	2	49
Boneless Wings - Honey Chipotle	1140	510	57	10	0	120	2800	108	4	40	48
Boneless Wings - House BBQ	1020	530	59	10	0	125	2820	73	5	16	50
Chips & Salsa	910	410	45	7	0	0	1920	113	8	5	13
Chips with Guacamole & Salsa	1140	590	66	10	0	0	2590	128	18	7	16
Classic Nachos	1230	760	85	48	0.5	230	2640	56	6	9	60
Classic Nachos - Beef	1610	940	105	55	1.5	385	4090	56	6	9	112
Classic Nachos - Chicken	1390	790	88	49	0.5	355	3670	59	6	10	92
Crispy Cheddar Bites	990	690	77	32	1.5	155	2530	33	3	5	42
Flatbread - California Style	1630	1090	121	45	1.5	220	2770	68	7	6	68
Flatbread - Margherita	1420	960	107	42	1.5	165	2210	62	4	5	52
Fried Pickles	610	400	45	7	0	15	3610	45	4	2	7
Loaded Boneless Wings	1390	840	93	26	0.5	215	3540	66	4	7	72
Skillet Queso	1520	820	91	33	2	120	3990	134	10	15	42
Southwestern Eggrolls	800	370	41	10	0	50	2200	82	8	9	28
TD™ Awesome Blossom Petals	820	510	56	9	0	20	1570	70	6	10	9
TD™ Big Mouth® Bites	780	480	54	16	1.5	110	1640	40	3	11	34
TD™ Boneless Wings - Buffalo	640	440	49	8	0	65	1950	28	2	2	23
TD™ Boneless Wings - Honey-Chipotle	630	330	36	6	0	65	1500	54	2	21	23
TD™ Boneless Wings - House BBQ	600	330	37	6	0	65	1880	43	3	16	24
TD™ Crispy Cheddar Bites	580	420	47	17	1	85	1440	18	2	3	22
TD™ Fried Pickles	390	280	31	5	0	15	1960	23	2	2	4
TD™ Honey-Chipotle Chicken Crispers	750	420	47	8	0	95	1940	53	3	21	28
TD™ Original Chicken Crispers®	510	300	33	5	0	105	1380	22	3	10	31
TD™ Southwestern Eggrolls	580	290	32	8	0	35	1550	55	6	6	19
TX Cheese Fries - Full Order	1860	1150	127	58	0	290	3880	97	8	4	81
TX Cheese Fries - Half Order	1340	860	95	43	0	210	2600	65	5	3	56
TX Cheese Fries w/Chili - Full Order	2290	1410	156	70	2	375	5200	111	11	8	111
TX Cheese Fries w/Chili - Half Order	1560	990	110	49	1	255	3260	72	7	5	72
White Spinach Queso	1450	800	88	28	0	95	3450	128	12	11	38
Fresh Mex As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Enchiladas Beef	1290	600	66	23	1.5	160	4280	110	15	12	62
Enchiladas Chicken	1130	470	52	22	1	220	3490	104	12	12	60
Fresh Mex Bowl Chipotle Chicken	1000	450	50	13	0	185	2760	79	7	8	60
Fresh Mex Bowl Chipotle Shrimp	880	430	48	12	0	220	2900	79	7	7	35
Fresh Mex Bowl Prime Rib	940	420	46	10	1	90	2420	92	8	14	40
Quesadilla Bacon Ranch Steak	1830	1230	137	46	2	285	4000	69	4	10	82
Quesadilla Bacon Ranch Chicken	1680	1120	125	42	1.5	265	3710	70	5	11	69
Smothered Prime Rib Burrito	1220	480	53	22	1	150	3880	119	12	10	64
Tacos Chili's 1975	1150	540	60	21	1.5	85	3290	113	10	11	40
Tacos Ranchero Chicken	1050	440	49	16	0	170	3390	96	12	7	57
Tacos Spicy Shrimp	1000	420	46	12	0	210	3540	105	12	16	37
Kids Entrees	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Burger Bites	410	180	20	8	1	55	580	35	2	8	23
Cheese Quesadilla	470	280	32	15	0	60	750	29	1	1	18
Cheeseburger Bites	440	200	23	10	1	65	750	35	2	8	25
Cheesy Chicken Pasta	660	270	30	13	0	140	1780	48	3	6	48
Chicken Bites	290	60	7	2	0	55	550	34	2	8	24
Crispy Crispers	640	420	47	8	0	95	1530	27	3	2	28
Grilled Chicken Dippers	300	180	20	3.5	0	100	690	2	0	2	28
Grilled Cheese Sandwich	430	230	26	11	0.5	35	1100	36	2	6	13

Kids Entrees	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Kraft Macaroni & Cheese	430	110	12	4	0	15	940	64	3	11	15
Pizza - Cheese	530	320	36	14	1	45	740	33	2	2	17
Pizza - Pepperoni	610	390	44	17	1.5	65	910	33	2	3	20
Kids Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Side Corn on the Cob	140	10	1.5	0	0	0	0	29	3	11	4
Side Fresh Pineapple	60	0	0	0	0	0	0	16	2	12	1
Side Homestyle Fries	210	80	8	1.5	0	0	330	30	2	0	3
Side Mandarin Oranges	80	0	0	0	0	0	10	20	1	17	2
Side Mashed Potatoes w/o Gravy	140	70	8	1.5	0	0	370	16	2	1	2
Side Salad with Ranch	240	190	21	4.5	0	25	440	8	1	3	4
Side Steamed Broccoli	40	5	0	0	0	0	45	8	4	2	3
Guiltless Grill <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
6 oz Sirloin with Grilled Avocado	420	190	21	5	0.5	90	1540	23	6	7	39
Ancho Salmon	630	270	30	6	0	100	1850	42	5	5	48
Grilled Chicken Salad	430	200	23	6	0	110	1140	22	4	11	36
Mango-Chile Chicken	490	170	19	3.5	0	95	1710	49	7	12	34
Margarita Grilled Chicken	630	140	16	3	0	145	2550	67	7	9	53
Lunch Combos (LC) w/o Fries or Chips	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings w/Choice of Sauce	420	200	22	4	0	60	930	30	2	0	26
Chipotle Chicken Fresh Mex Bowl	910	420	47	12	0	140	2400	78	6	7	46
Double Burger	800	440	49	22	2.5	145	2170	45	2	12	45
Lunch Chicken Fajitas <i>As Served</i>	1260	490	54	23	0	165	4940	131	15	18	65
Quesadilla Bacon Ranch Chicken	900	620	70	22	1	135	1960	35	2	5	34
Sandwich Bacon Avocado Chicken	600	290	33	9	0	130	1350	37	4	8	42
Sandwich CA Turkey Club	590	320	35	10	0	65	1050	43	4	7	27
Tacos Chili's 1975	460	230	26	12	1	60	1210	36	3	5	23
Tacos Spicy Shrimp	480	240	27	8	0	140	1560	39	4	9	18
Homestyle Fries (LC)	210	80	8	1.5	0	0	330	30	2	0	3
Tostada Chips with Salsa (LC)	470	200	23	3.5	0	0	1520	60	5	4	7
Greens with Envy <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Buffalo Chicken Salad	970	600	66	14	0.5	135	3360	44	4	6	49
Caesar Salad	240	180	19	3.5	0	20	410	13	2	2	5
Caesar Salad (LC)	190	160	17	3	0	15	290	7	1	1	3
Caribbean Salad	530	210	23	3.5	0	15	340	80	8	66	5
Caribbean Salad w/ Grilled Chicken	690	240	27	4	0	110	1180	85	8	70	33
Caribbean Salad w/ Shrimp	600	230	25	4	0	135	1150	80	8	66	16
Fresco Salad	130	90	10	2.5	0	5	240	7	1	3	3
Fresco Salad (LC)	70	45	5	1	0	0	130	4	1	1	2
Grilled Chicken Salad	430	200	23	6	0	110	1140	22	4	11	36
House Salad (LC) w/o Dressing	80	35	3.5	1.5	0	5	140	8	1	2	3
House Salad w/o Dressing	150	70	7	3	0	15	290	15	2	4	7
Quesadilla Explosion Salad	1400	840	93	28	1	185	2390	81	9	17	61
Santa Fe Chicken Salad w/Chicken	620	390	43	7	0	120	1610	26	7	8	34
Santa Fe Chicken Salad w/Crispers	940	620	69	11	0	100	2000	50	10	8	33
Southwestern Chicken Caesar Salad	700	480	53	12	0	150	1290	21	5	5	38
Southwestern Shrimp Caesar Salad	620	470	52	11	0	170	1390	22	5	5	21
Salad Dressings	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
<i>1.5 fl oz = LC; 2 fl oz = Entrée</i>											
Ancho Chile Ranch (1.5 fl oz)	170	150	17	3	0	15	350	3	0	2	1
Ancho Chile Ranch (2 fl oz)	220	200	22	4	0	20	470	4	0	2	2
Avocado Ranch (1.5 fl oz)	140	130	14	2.5	0	10	270	3	1	1	1
Avocado Ranch (2 fl oz)	190	170	19	3	0	15	360	4	1	2	1
Bleu Cheese (1.5 fl oz)	270	260	29	5	0	15	280	1	0	1	1
Bleu Cheese (2 fl oz)	360	340	38	7	0.5	20	370	2	0	1	2
Caesar (1.5 fl oz)	220	210	23	4	0	25	240	2	0	1	2
Caesar (2 fl oz)	290	280	31	5	0	30	310	3	0	1	2
Citrus Balsamic Vinaigrette (1.5 fl oz)	250	230	25	3.5	0	0	240	5	0	5	0
Citrus Balsamic Vinaigrette (2 fl oz)	330	300	34	5	0	0	320	7	0	6	0
Honey Lime (1.5 fl oz)	200	150	17	2.5	0	10	220	12	0	11	1
Honey Lime (2 fl oz)	270	200	23	3.5	0	15	290	16	0	14	1
Honey Lime Vinaigrette (1.5 fl oz)	130	110	12	2	0	0	230	6	0	4	0
Honey Lime Vinaigrette (2 fl oz)	180	150	17	2.5	0	0	310	8	0	6	0
Honey Mustard (1.5 fl oz)	200	160	18	2.5	0	20	360	10	0	9	1
Honey Mustard (2 fl oz)	270	210	24	3.5	0	25	480	13	0	12	1
Ranch (1.5 fl oz)	170	160	18	3	0	15	300	2	0	2	1
Ranch (2 fl oz)	230	210	24	4	0	20	400	3	0	2	2
Santa Fe (1.5 fl oz)	210	200	22	3.5	0	15	530	2	0	2	1
Santa Fe (2 fl oz)	280	270	30	4.5	0	20	710	3	0	2	1

Salad Dressings	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
1.5 fl oz = LC; 2 fl oz = Entrée											
Thousand Island (1.5 fl oz)	200	180	20	3	0	20	390	7	0	5	0
Thousand Island (2 fl oz)	270	230	26	4	0	25	520	9	0	6	1
Sandwiches w/o Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Avocado Chicken Sandwich	1140	540	60	15	0.5	245	2670	74	9	15	79
Buffalo Chicken Ranch Sandwich	880	430	48	9	0	95	2780	69	3	13	42
CA Turkey Club	1100	580	65	17	1	115	2070	87	8	14	49
Our Good Sides As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus & Garlic Roasted Tomatoes	70	15	1.5	0	0	0	340	12	4	4	4
Awesome Blossom Petals	820	510	56	9	0	20	1570	70	6	10	9
Black Beans	120	10	1	0	0	0	710	20	6	2	7
Coleslaw	240	170	19	3.5	0	20	260	11	1	10	1
Homestyle Fries	420	150	17	2.5	0	0	660	60	5	0	6
Loaded Mashed Potatoes	380	210	23	7	0	30	1020	32	4	2	11
Mexican Rice	160	40	4.5	1	0	0	480	27	1	1	3
Roasted Street Corn	390	250	28	5	0	25	320	31	3	12	6
Steamed Broccoli	40	5	0	0	0	0	250	8	4	2	3
Sweet Corn on the Cob	180	60	6	1	0	0	360	29	3	11	4
Smokehouse Combos Choose 2 or 3	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cheesy Bacon BBQ Chicken	380	170	19	9	0	140	1620	12	1	10	40
Crispers Crispy w/o Sauce	470	260	29	5	0	75	1230	25	3	1	27
Crispers Honey Chipotle w/o Ranch	570	260	29	5	0	75	1630	51	3	20	27
Crispers Original w/o Sauce	310	140	15	3	0	85	1020	13	3	1	30
Jalapeno-Cheddar Smoked Sausage	380	280	31	13	1	95	1340	4	1	0	21
Ribs Dry Rub	780	490	54	20	0	205	2960	23	2	19	50
Ribs Honey-Chipotle BBQ	740	480	53	20	0	205	840	18	0	13	49
Ribs House BBQ	720	480	53	20	0	205	1090	11	1	9	49
Ribs Original BBQ	710	480	53	20	0	205	960	10	0	9	49
Smoked Brisket	380	260	29	11	0	85	860	5	0	5	22
All Smokehouse Combos Include	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chile-Garlic Toast	140	60	7	1.5	0	0	380	17	1	1	3
Garlic Dill Pickles	5	0	0	0	0	0	220	0	0	0	0
Homestyle Fries	420	150	17	2.5	0	0	660	60	5	0	6
Roasted Street Corn	390	250	28	5	0	25	320	31	3	12	6
Soups & Chili As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chicken Enchilada - Bowl	410	240	26	9	0	65	1490	24	3	3	20
Chicken Enchilada - Cup	210	120	13	4.5	0	35	750	12	1	2	10
Clam Chowder - Bowl	330	210	23	13	0	90	690	21	1	5	11
Clam Chowder - Cup	170	100	12	6	0	45	340	10	1	3	5
Loaded Baked Potato - Bowl	440	270	30	19	0.5	100	1280	24	2	7	17
Loaded Baked Potato - Cup	220	140	15	9	0	50	640	12	1	4	8
Southwest Chicken - Bowl	220	90	10	2	0	15	1480	24	3	3	9
Southwest Chicken - Cup	110	45	5	1	0	10	740	12	1	2	4
The Original Chili - Bowl	730	440	49	20	2	130	1910	29	6	5	46
The Original Chili - Cup	370	220	24	10	1	65	950	15	3	3	23
Steaks As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Ribeye	1050	580	64	24	2.5	210	2720	40	8	3	81
Classic Sirloin 10 oz	820	380	43	14	1	170	2230	42	8	4	68
Classic Sirloin 6 oz	680	330	37	11	1	115	1910	41	8	3	48
Country-Fried Steak	1250	600	67	14	1.5	75	3060	114	10	16	51
Add Seared Shrimp - Full Order	60	20	2	0	0	120	810	1	0	0	11
Add Seared Shrimp - Half Order	30	10	1	0	0	60	400	0	0	0	6
Sweet Stuff As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cheesecake	720	380	43	23	1.5	210	430	74	1	61	11
Mini Molten Chocolate Cake	570	230	25	13	0	45	530	82	3	56	7
Molten Chocolate Cake	1150	550	61	30	1	125	580	142	2	102	11
Paradise Pie	1130	470	52	23	1	150	620	156	5	107	18
Skillet Chocolate Chip Cookie	1420	640	71	38	1	110	900	189	6	116	14
Extras	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Avocado Slices	80	70	7	1	0	0	0	4	3	0	1
BBQ Sauce House 1.5 oz	80	10	1	0	0	0	790	16	1	14	1
BBQ Sauce Original 1.5 oz	70	0	0	0	0	0	590	16	0	14	1
Burger Bun, Buttered	270	70	8	2	0	0	360	42	1	10	7
Cheese, American	70	50	6	3.5	0	15	340	1	0	0	4
Cheese, Cheddar	80	60	7	4.5	0	20	130	0	0	0	5
Cheese, Pepper Jack	80	60	6	4	0	20	135	1	0	0	5
Cheese, Swiss	80	60	7	4	0	20	40	0	0	0	6
Fresh Guacamole - Large Side	200	160	18	2.5	0	0	580	12	9	2	3
Fresh Guacamole - Small Side	110	80	9	1.5	0	0	290	6	4	1	1
Gravy, Black Pepper 1.5 oz	25	10	1	0	0	0	240	3	0	0	1
Honey Chipotle Sauce 1.5 oz	100	0	0	0	0	0	410	26	0	19	0

Extras	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Pickles	5	0	0	0	0	0	220	0	0	0	0
Salsa 1.5 oz	10	0	0	0	0	0	420	3	1	1	0
Sour Cream	35	25	3	1.5	0	10	70	2	0	2	1
Wing Sauce 1.5 oz	35	25	3	0	0	0	1320	2	1	1	0
PARTY PLATTER (PP) PORTIONS - Platters serve approximately 6-8 & sides serve 4-6											
PP Beverages <i>By the Gallon</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Iced Tea	40	0	0	0	0	0	115	11	0	0	0
Iced Tea - Blackberry	820	0	0	0	0	0	105	202	0	188	0
Iced Tea - Mango	840	0	0	0	0	0	105	209	0	192	0
Lemonade	1570	0	0	0	0	0	520	439	0	418	0
Lemonade - Strawberry	2020	5	0.5	0	0	0	460	549	11	508	2
PP Apptizers	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Big Mouth Bites (20 ct)	6760	3890	433	143	13	995	14610	389	25	102	330
Big Mouth Bites (12 ct)	4100	2380	264	86	8	600	8840	234	15	62	198
Southwestern Eggrolls (24 ct)	6380	2930	325	81	1.5	405	17540	649	64	66	219
Southwestern Eggrolls (12 ct)	3190	1460	163	41	0.5	200	8770	324	32	33	109
Tostada Chips with Salsa	5350	2430	270	44	0	0	8170	660	45	18	73
Add White Spinach Queso	560	400	45	22	0	105	1580	15	3	6	25
Add Skillet Queso	610	410	46	25	2	120	2080	21	2	10	29
Add Fresh Guacamole	240	190	21	3	0	0	670	14	10	2	3
PP Appetizers - <i>Triple Dipper</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
<i>Listed w/o Dipping Sauce</i>											
TD™ Big Mouth Bites (6 ct)	1820	980	109	39	3.5	280	4020	114	8	29	98
TD™ Bone-In Wings Buffalo (16 ct)	1170	650	72	18	1	555	4650	9	2	3	121
TD™ Bone-In Wings Honey Chipotle (16 ct)	1530	610	67	17	0.5	555	3640	112	2	77	121
TD™ Bone-In Wings House BBQ (16 ct)	1410	640	71	18	0.5	555	5160	70	4	57	124
TD™ Boneless Wings Buffalo (18 ct)	1370	670	75	13	0	175	6800	96	8	3	79
TD™ Boneless Wings Honey Chipotle (18 ct)	1590	600	67	11	0	175	4060	170	7	58	79
TD™ Boneless Wings House BBQ (18 ct)	1500	620	69	12	0	175	5200	138	9	43	81
TD™ Crispy Buffalo Bleu (15 ct)	3410	2290	255	48	2	465	10260	134	16	9	146
TD™ Crispy Style Crispers (15 ct)	2350	1320	146	25	0	385	6130	123	14	3	134
TD™ Honey-Chipotle Crispers (15 ct)	3590	1960	217	37	1	450	9490	273	15	110	139
TD™ Original Crispers (15 ct)	1550	690	77	14	0	430	5110	63	13	5	152
TD™ Southwestern Eggrolls (6 ct)	1320	480	53	16	0	80	3850	157	14	14	53
BBQ Sauce 6 fl oz	260	10	1	0	0	0	2350	62	1	54	3
BBQ Sauce House 6 fl oz	300	40	4	0	0	0	3150	64	4	56	3
Bleu Cheese 6 fl oz	1070	1030	114	20	2	55	1120	5	1	4	5
Honey Mustard 6 fl oz	810	640	72	11	1	70	1430	39	0	36	3
Ranch Dressing 6 fl oz	690	640	71	12	1	65	1210	8	0	7	5
PP Boneless Wings - 22, 33 & 66 ct	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
<i>Listed w/o Dipping Sauce</i>											
Boneless Wings Buffalo (11 ct)	790	390	43	7	0	105	3410	55	4	1	47
Boneless Wings Honey Chipotle (11 ct)	960	350	39	7	0	105	2470	106	4	38	46
Boneless Wings House BBQ (11 ct)	900	370	41	7	0	105	3230	85	5	28	48
PP Bone-In Wings - 16, 24 & 48 ct	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
<i>Listed w/o Dipping Sauce</i>											
Bone-In Wings Buffalo (8 ct)	620	350	39	10	0	275	3620	6	1	2	61
Bone-In Wings Honey Chipotle (8 ct)	760	300	34	9	0	275	1800	55	1	38	60
Bone-In Wings House BBQ (8 ct)	700	320	35	9	0	275	2560	34	2	28	62
PP Crispers - 10, 15 & 30 ct	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
<i>Listed w/o Dipping Sauce</i>											
Crispy Buffalo Bleu (10 ct)	1800	1070	119	23	0.5	285	6340	87	11	4	95
Crispy Buffalo Bleu (15 ct)	2700	1610	178	35	1	425	9510	130	16	7	143
Crispy Style Crispers (10 ct)	1570	880	98	17	0	260	4090	82	9	2	90
Crispy Style Crispers (15 ct)	2350	1320	146	25	0	385	6130	123	14	3	134
Honey-Chipotle Crispers (10 ct)	1980	880	98	17	0	260	5710	188	10	78	90
Honey-Chipotle Crispers (15 ct)	2980	1320	147	25	0	385	8570	282	15	117	135
Original Crispers (10 ct)	1030	460	51	9	0	285	3410	42	9	3	101
Original Crispers (15 ct)	1550	690	77	14	0	430	5110	63	13	5	152
PP Crispers - <i>Dipping Sauces</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
BBQ Sauce 4 fl oz	170	5	0.5	0	0	0	1570	42	1	36	2
BBQ Sauce House 4 fl oz	200	25	3	0	0	0	2100	43	2	37	2
Bleu Cheese 4 fl oz	710	680	76	13	1	40	750	3	1	2	3
Honey Mustard 4 fl oz	540	430	48	7	0.5	45	960	26	0	24	2
Ranch Dressing 4 fl oz	460	420	47	8	0.5	45	810	5	0	4	3
PP Salads & Sandwiches	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
CR Turkey Club (10 halves)	5700	3100	345	87	4.5	580	10510	434	42	72	244
Caesar Salad	1160	940	105	19	1	100	1710	43	8	8	18
House Salad w/ 6 fl oz Dressing (SM)	980	570	63	15	0.5	45	2010	84	7	24	24
House Salad w/ 10 fl oz Dressing (LG)	1140	530	59	25	0	120	2290	109	15	27	51
Ancho Chile Ranch 6 fl oz	670	600	67	11	1	60	1410	12	1	7	5

PP Salads & Sandwiches	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Avocado Ranch 6 fl oz	560	510	56	9	0.5	45	1070	11	4	5	4
Bleu Cheese 6 fl oz	1070	1030	114	20	2	55	1120	5	1	4	5
Caesar 6 fl oz	880	840	93	16	0.5	90	940	8	1	3	7
Citrus Balsamic Vinaigrette 6 fl oz	1000	910	101	15	1.5	0	960	22	0	18	1
Honey Lime 6 fl oz	810	610	68	10	1	50	870	47	1	42	2
Honey Lime Vinaigrette 6 fl oz	540	450	50	8	0.5	0	930	24	1	17	0
Honey Mustard 6 fl oz	810	640	72	11	1	70	1430	39	0	36	3
Ranch 6 fl oz	690	640	71	12	1	65	1210	8	0	7	5
Santa Fe 6 fl oz	840	800	89	14	0.5	65	2140	10	1	6	2
Thousand Island 6 fl oz	820	700	78	12	1	80	1570	27	1	18	2
Quesadilla Explosion Salad	5560	3460	384	116	3.5	740	9600	290	32	74	242
Santa Fe Grilled Chicken Salad	2700	1760	196	32	2	505	6830	108	28	33	139
Southwest Caesar Salad w/Chicken	3270	2510	279	54	2	655	5700	60	18	21	147
Southwest Caesar Salad w/Shrimp	2950	2460	274	53	2	745	6080	60	18	20	79
PP Fajitas (Small) <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken Small	4340	1670	185	82	0.5	660	15540	426	50	50	245
Grilled Steak Small	4730	2090	233	109	4	635	15550	426	50	48	236
Seared Shrimp Small	4090	1640	182	81	0.5	875	16730	427	50	50	189
PP Fajitas (Large) <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken Large	7770	2670	297	118	1	1090	29690	849	101	99	434
Grilled Steak Large	8560	3520	391	170	8	1035	29700	849	101	95	417
Seared Shrimp Large	7270	2610	290	115	1	1515	32060	850	101	98	322
PP Fajitas Mix & Match/Trio (Small) <i>Choose 2 or 3 Proteins</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	270	100	11	3	0	0	1700	41	6	19	6
Grilled Chicken (1 choice)	290	60	7	1.5	0	190	1420	1	0	1	56
Grilled Steak (1 choice)	480	270	30	15	1.5	180	1430	1	0	0	52
Seared Shrimp (1 choice)	160	45	5	1	0	300	2020	1	0	1	28
Add Fajita Accompaniments (Small)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Toppings	1300	930	104	56	0	270	3660	34	11	16	64
Flour Tortillas (12 each)	1060	320	35	17	0	0	2570	157	7	4	25
All-Natural Corn Tortillas (12 each)	620	70	7	1	0	0	65	127	14	1	12
Add Cadi	1140	200	22	3	0	5	4760	191	26	10	38
Add White Queso & Pico de Gallo	320	220	24	11	0	50	1360	14	1	8	11
PP Fajitas Mix & Match/Trio (Large) <i>Choose 2 or 3 Proteins</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	530	200	22	6	0	0	3410	83	13	38	11
Grilled Chicken (1 choice)	570	120	13	3	0	385	2850	2	0	2	112
Grilled Steak (1 choice)	970	540	61	29	3.5	360	2850	2	0	0	103
Seared Shrimp (1 choice)	320	90	10	2	0	600	4040	3	0	1	56
Add Fajita Accompaniments (Large)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Toppings	1690	1200	133	65	0	310	5920	65	23	30	73
Flour Tortillas (24 each)	2120	630	70	34	0	0	5150	314	14	8	51
All-Natural Corn Tortillas (24 each)	1240	130	15	2.5	0	0	125	253	28	3	25
Add Cadi	2290	400	44	6	0	10	9520	383	52	19	76
Add White Queso & Pico de Gallo	710	490	54	23	0.5	115	2900	29	2	16	25
PP Enchiladas <i>w/o Sides</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chicken w/Sour Cream Sauce (Small)	2540	1260	140	63	3	650	6900	169	16	28	152
Chicken w/Sour Cream Sauce (Large)	5080	2520	280	125	6	1300	13810	338	33	56	304
PP Texas - Size Baby Back Ribs	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Dry Rub (Large)	5920	3860	429	163	2	1645	20490	120	10	95	397
Dry Rub (Small)	3110	1950	217	82	1	825	11820	92	7	75	200
Honey Chipotle BBQ (Large)	6330	3810	423	162	2	1645	8320	247	2	176	391
Honey Chipotle BBQ (Small)	3380	1910	212	81	1	825	4980	177	1	126	196
House BBQ (Large)	6060	3880	432	163	2	1645	11880	150	8	130	397
House BBQ (Small)	3180	1960	218	82	1	825	7510	107	6	93	200
Original BBQ (Large)	5960	3820	424	163	1.5	1645	10000	145	2	127	397
Original BBQ (Small)	3110	1910	212	81	1	825	6180	104	1	91	200
PP Make it a Combo <i>Choose 2 Entrees & 2 Sides</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
6 oz Classic Sirloin	1020	470	52	18	2	335	2570	4	0	0	135
Ancho Salmon	1680	910	101	18	1	405	4480	27	3	9	169
Cheesy Bacon BBQ Chicken	1520	690	77	35	0	555	6460	48	2	41	160
Jalapeno-Cheddar Smoked Sausage	1520	1120	125	52	3.5	385	5370	16	4	1	84
Margarita Grilled Chicken	640	120	13	3	0	385	3350	19	0	16	112
Ribs - Dry Rub	3110	1950	217	82	1	825	11820	92	7	75	200
Ribs - Honey Chipotle	3380	1910	212	81	1	825	4980	177	1	126	196
Ribs - House BBQ	3180	1960	218	82	1	825	7510	107	6	93	200
Ribs - Original BBQ	3160	1940	216	82	1	825	6980	106	4	92	200
Seared Shrimp	260	70	8	1.5	0	480	3230	2	0	1	45
Smoked Brisket	1510	1040	116	45	0	340	3450	21	1	19	87

PP Our Good Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus & Garlic Roasted Tomatoes	210	40	4	0	0	0	1030	35	12	11	13
Coleslaw	940	690	77	13	0.5	80	1040	44	5	38	4
Black Beans	610	45	4.5	0	0	5	3450	100	28	8	33
Homestyle Fries	2510	910	101	16	0	0	8320	363	29	3	37
Loaded Mashed Potatoes	1800	1010	112	34	1	150	4720	143	20	7	56
Mexican Rice	1140	290	32	6	0	0	3340	192	5	4	20
Roasted Street Corn	2350	1500	167	31	2.5	155	1940	183	16	73	35
Steamed Broccoli	250	25	3	0.5	0	0	2460	50	23	9	16
Sweet Corn on the Cob	1100	340	38	6	1	0	2180	174	15	68	23
PP Pasta	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta w/Chicken (Large)	4990	2020	225	90	4.5	680	14270	477	33	23	266
Cajun Pasta w/Chicken (Small)	2640	1070	119	47	2.5	340	7400	255	17	13	136
Cajun Pasta w/Shrimp (Large)	4660	1970	219	89	4.5	775	14190	475	32	22	199
Cajun Pasta w/Shrimp (Small)	2470	1050	116	46	2.5	390	7360	254	17	12	102
PP Sweet Stuff	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chocolate Chip Cookie	6530	2790	309	162	2.5	375	4430	919	31	574	61
Dessert Combo	6120	2380	264	134	2.5	375	5150	909	27	578	61
Dessert Trio	6060	2520	280	142	5	700	4620	849	28	595	70

Cals...Calories	Chol...Cholesterol	(g)...grams
Fat Cals...Calories from Fat	Sod...Sodium	(mg)...milligrams
Sat...Saturated Fat	Carbs...Carbohydrates	
Trans...Trans Fat	Prot...Protein	

* Nutrition analysis for select beverages is based on standardized ice fill.

The nutritional analysis is comprised of data from an independent testing facility commissioned by Chili's, combined with nutrient data from Chili's suppliers, the United States Department of Agriculture and nutrient database analysis of Chili's recipes using Genesis SQL Nutritional Analysis Program from ESHA Research in Salem, Oregon. The rounding of figures is based on Food and Drug Administration guidelines. Chili's attempts to provide nutritional information regarding its products that is as complete as possible. Some menu items may not be at all restaurants; test products, test recipes, limited time offers, or regional items may not be included. While menu item ingredients information is based on standard product recipes, variations may occur due to ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. Additionally, no products are certified as vegetarian. This listing is updated periodically in an attempt to reflect the current status of Chili's products.